



Learn 11 Tips to Support Your Twin while They Become the STAR in your YOU-niverse!

1. Get in alignment with Self, Source, Love, Purpose, ReUnion and One Life:
 - Stay focused on you. Ask your guides to continue to help you identify blocks creating higher conscious awareness's, as you develop further self-actualization that allows you to expand on your higher state of BE-ing!
 - What in your life – do you need to continue to change to expand on your higher self!
 - What no longer serves a purpose in your life that you still need to address and let go of?
 - Get to work on what debris in your life that still needs to be cleaned up.
2. Perform a self-analysis on a regular basis:
 - What thoughts and feelings about your twin do you experience that are part of your lower self?
 - Are you the life-partner that you want your Beloved to BE?
 - Are you the lover you want your Beloved to BE?
 - View Self-Love as *"The Gift"* of Unconditional Love mirroring back from your Beloved!
3. Set Your Intentions – Clarify: "What does my heart desire?":
 - What do I have to offer my Divine lover?
 - What does my Divine lover have to offer me?
 - Write a letter to your Divine lover – letting them know how much they mean to you.
 - Write a love story – What does your life with your Divine lover look like? Be specific and dream a beautiful dream!
4. Affirm Your Union:
 - Have I said "YES"? I am all in!
 - Does everything in my physical world support that?
 - "I AM open, willing and ready for my Divine lover to come into my life in physical reality! We are merged as ONE - body, mind & soul."
5. Visualization:
 - Perform guided meditations seeing yourself and your Beloved both free of the bondage of the past and present.
 - Perform guided meditations seeing yourself and your Beloved loving and living in harmony as ONE.
6. Honor Your Agreement:
 - Cancel all karmic contracts that exist in the union. Include past, present and future.
 - Cut all karmic cords that are blocking your physical union. Include past, present and future.
 - Re-"Right" your love story.

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7. Acknowledge Your Twin for Who they Already Are!

- Decide to accept your twin for who they are.
- Focus on the good qualities your twin has.
- Ask your twin from the higher self – to help you fulfil all your lessons so that they too can complete their own Ascension work and ask them to fulfill all contracts they need to complete to fulfil their agreements in 3D reality.
- Praise their higher-self on a daily basis for the good that they have within them.
- Believe in miracles! See your Divine partner as if they are already fulfilling your hearts desires.

8. Give Thanks to Your Twin Every Day!

- View your twin as your teacher.
- See the lessons your twin is teaching you as a gift.
- Thank your twin at the higher-self every day – for teaching you to become the BEST version of you!

9. Forgive Your Twin

- Write a forgiveness letter to your twin Include the following:
 - o Atlantis – Lumurea – Soul Trauma
 - o Abandonment- past and present
 - o Past-Present Pain & Suffering
 - o Ask your twin for forgiveness for the same

10. Love Your Twin Unconditionally

- Send your twin unconditional love everyday – Release all expectations – including outcome!
- See your twin wrapped in a bubble of pink light everyday
- See your twin with compassion everyday – watch your compassion expand

11. Focus on Discovering Your Purpose and Joint Mission

- Ask your Divine guidance to remove all blocks that are keeping you from connecting to your higher purpose.
- Ask for to make higher conscious awareness's that support your purpose and joint mission.
- Ask your twin from the higher self to support your Divine generator or Divine electric to assist you with the energy needed to support your purpose and joint mission.